



Dear parents,

Swimming Lessons

Children in years 3 to 6 have a wonderful opportunity to take part in a course of swimming lessons with the school at Fulham Pools, a conveniently-located venue. Swimming forms a vital part of PE in the National Curriculum. The school has a requirement to teach all children water safety and to swim 25m by the time they reach the age of 11.

The children will be taught the following:

- To swim competently, confidently and proficiently over a distance of at least 25 metres.
- To be able to use a range of strokes effectively - front crawl, backstroke and breaststroke.
- To perform safe self-rescue in different water-based situations.

Additionally, swimming helps improve mood, fitness and overall health and well-being.

Fulham Pools has availability on Thursdays at 1pm, which is the day our PE is timetabled. We hope to start from Thursday 20th April 2023. The children will be accompanied by members of staff to and from the venue and will be back by pick up. We would be grateful for any parents who wish to volunteer to help accompany the classes.

Unfortunately, schools are given no extra funding to cover the cost of swimming lessons and so we are asking for contributions to cover the cost of these lessons. For a course of 8 lessons, this between £70 - £80. Please pay this via bank transfer with the reference: Swimming+Child'sName by **Monday 18th April 2023**.

If this is going to be difficult for you, please speak to the head teacher.

Yours sincerely,

Azbuka Teachers

I would like to volunteer.....

Print Name:.....

Parent/Carer signature

Date